

Lane Etiquette



Be **courteous** and **considerate** to your fellow lap swimmers.

Select a lane based on your **ability** and the **stroke(s)** you intend to swim.

Remember...

- Keep to the left of the lane.
- If being passed, move to the far left of the lane and continue swimming to the end. It may be appropriate to briefly stop and give the passing swimmer space.
- If passing, be aware of other swimmers in the lane.
- **Do not stop in the middle of the lane.**
- If you have to move across lanes, check both directions before moving.
- **When waiting at the end of the pool, move across towards the corners of the lane to allow other swimmers room to continue swimming.**
- Walk-Run lanes will be provided whenever possible but may not be available during peak times.
- Lifeguards monitor the lanes and may alter the configuration at any time. Please do not be offended if a Lifeguard asks you to move to another lane.

Our friendly Lifeguards are here to assist you. If you have any questions or concerns please approach our staff.